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# **Privacy Policy**

**Effective Date:** 14/11/2025

At [www.stablelives.co.uk](http://www.stablelives.co.uk), we are committed to protecting your privacy. This policy explains how we collect, use, and safeguard your personal data.

## **What We Collect**

- Name, email address, phone number (via contact forms)
- IP address and browser data (via cookies)

## **Why We Collect It**

- To respond to inquiries
- To improve website performance
- For analytics and marketing (with consent)

## **How We Protect It**

- SSL encryption
- Secure servers
- Limited access to personal data

## **Your Rights**

- Access, correct, or delete your data
- Withdraw consent at any time

For questions, contact: [info@stablelives.co.uk](mailto:info@stablelives.co.uk)

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